

Karla Aldava

S a f e t y T e c h n i c i a n | Z - T E X S a f e t y , L L C

CONTACT

✉ karla@ztexsafety.com

📍 P.O. Box 657
Elgin, Texas 78621

☎ 580-812-1761



EDUCATION

Bachelor of Science Industrial Technology

Instituto Tecnológico Superior Zacatecas
Occidente (ITZSO)
2024

CERTIFICATIONS

OSHA 30-Hour Outreach Training in Construction
2025
Z-TEX Safety Program

Confined Space Entry CPT
July 2025
Z-TEX Safety Program

Excavation Safety CPT
July 2025
Z-TEX Safety Program

Adult First Aid & CPR – American Red Cross Program
July, 2025
Z-TEX Safety, LLC

Basic Rigging Techniques
November 2015
Z-TEX Safety Program

Z-TEX Safety, LLC

EXPERIENCE – 1 YEAR

Safety Technician
Z-TEX Safety LLC,
Elgin, Texas June 2025 – present

Safety Supervisor
SJ Construction & Mining
Sombrerete, Zac., MX January 2024 – May 2025





800-723-3811

<http://teexsafety.org/oshaoutreach>

OSHA recommends Outreach Training Courses as an orientation to occupational safety and health for workers. Participation is voluntary. Workers must receive additional training on specific hazards of their job. This course completion card does not expire.

Use or distribution of this card for fraudulent purposes, including false claims of having received training, may result in prosecution under 18 U.S.C. 1001. Potential penalties include substantial criminal fines, imprisonment up to 5 years, or both.

To verify this training, scan the QR code with your mobile device.



Rev. 1/2016



25-602031474

This card acknowledges that the recipient has successfully completed:

30-hour Construction Safety and Health

This card issued to:
Karla Aldava

Hugo Valdez

Trainer Name

7/11/2025

Date of Issue



Z-TEX SAFETY, LLC



OSHA – 30 Hours in Construction Industry CERTIFICATE

OF COMPLETION

This certificate of completion is hereby granted to:

Karla Aldava



Spanish

Language

Hugo Valdez

Instructor #25-000106896

07/11/2025

As an OSHA-authorized Outreach trainer, I attest that I have conducted this Outreach training class in accordance with OSHA Outreach Training Program Requirements. I will document this class to my Authorizing Training Organization. Upon successful review of my documentation, I will provide each student their course completion card within 90 calendar days from the class end date.



Z-TEX SAFETY, LLC



Confined Space Entry Safety For Competent Person **CERTIFICATE**

OF COMPLETION

This certificate of completion is hereby granted to:

Karla Aldava



Spanish

Language

Hugo Valdez

07/07/2025



Z-TEX SAFETY, LLC



Excavation Safety Competent Person CERTIFICATE

OF COMPLETION

This certificate of completion is hereby granted to:

Karla Aldava



Spanish

Language

Hugo Valdez

07/07/2025



American Red Cross
Training Services

CEU

Karla Aldava

has successfully completed requirements for

Adult First Aid/CPR/AED-r.21

Date Completed: 7/11/2025

Contact Hours: 3.0
CEUs Awarded: 0.3



Learn and be inspired at [LifesavingAwards.org](https://www.LifesavingAwards.org)



American Red Cross
Training Services

Certificate of Completion

Karla Aldava

has successfully completed requirements for

Adult First Aid/CPR/AED

Date Completed: 7/11/2025
Valid Until: 7/11/2027

Conducted by: Z-TEX Safety



To verify certificate, scan code or visit redcross.org/digitalcertificate and enter ID.

Learn and be inspired at LifesavingAwards.org



020JMG1

Certificate of Completion



Karla Aldaya
has completed the requirements for:
Adult First Aid/CPR/AED
conducted by
Z-TEX Safety
Date Completed: 07/11/2025
Valid Until: 07/11/2027
Certificate ID: 020JMG1



Scan or visit: redcross.org/confirm



Z-TEX SAFETY, LLC



Basic Rigging & Signaling Safety

CERTIFICATE

OF COMPLETION

This certificate of completion is hereby granted to:

Karla Aldava



Spanish

Language

Hugo Valdez

7/9/2025